

What's hot... Oral Care

National Smile Month, 14th May - 14th June

National Smile Month is the UK's largest and longest-running campaign to promote good oral health. Organised by the Oral Health Foundation, the campaign raises awareness of the importance of dental hygiene and the health issues that can be faced if you don't regularly brush your teeth or visit your dentist. This year, the campaign encourages anyone with an interest in good oral healthcare, to join in and help educate, motivate and communicate positive oral health messages to improve the quality of smiles all around the UK.

There are a wide variety of natural oral care products that are available to keep those smiles shining, which contain natural therapeutic agents such as activated charcoal and xylitol that are designed to reduce, tooth decay, gum disease, tartar or tooth sensitivity. Sugar free chewing gum is also known to have benefits for oral health and has been shown to increase the flow of saliva thereby reducing plaque acid, strengthening the teeth and reducing tooth decay.

Here are a few of our top picks:



90004 - Taylors 32 Classic Mint Toothpaste, 75ml – **RSP £5.00**



93279 - Spry Peppermint Xylitol Toothpaste, 113g – **RSP £5.45**



93290 - Aloe Dent Activated Charcoal Toothpaste, 100ml – **RSP £4.59**



60026 - Kingfisher Mint Fluoride Free Toothpaste, 100ml – **RSP £3.15**



14774 - Sarakan Mouthfresh Rinse, 300ml – **RSP £3.95**



88867 - Humblebrush Adult Soft Black Toothbrush – **RSP £ 3.99**



82981 - Jack n Jill Buzzy Brush Electric Musical Toothbrush – **RSP £15.99**



69086 - Peppersmith Peppermint Dental Mints, 15g – **RSP £1.62**



93303 - Pur Gum Spearmint Gum Blister Pack – **RSP £1.19**